

# Christ is your strength to overcome

At various times everyone feels exhausted of all strength to continue whatever it is they are passionate about. The Christian life can be the same; when circumstances, opposition from others, or personal disappointments wear you down to exhaustion. Big pains require a big God; and Jesus Christ is that God. He will never abandon or fail you.



The apostle Paul tells of his fatigue and the reasons God permitted that to happen. Paul explains; *"we were so utterly burdened beyond our strength that we despaired of life itself. Indeed, we felt that we had received the sentence of death. But that was to make us rely NOT on ourselves but on God who raises the dead"* (2 Corinthians 1:8-9). Since God can raise the dead, He shall have no problems caring for you and I.

The extraordinary difficulties of life and ministry had taken Paul past his abilities, and exhausted all his personal resources. Feeling overwhelmed by the bombardment of pain, the threats on his life, and the sense of inability to carry on, Paul realised the necessity for his suffering. God knew that for Paul this was necessary in order for him to depend on God. God's love was willing to go to those extremes to accomplish this critical realisation within Paul.

## Dependence is faith

You see, dependence is the central key component of genuine

faith. By surrounding ourselves with the luxuries of modern living, we increase our struggle to understand this intrinsic part of Christian belief. Worldly influence has diluted our idea of belief so that it seeks comfort, ease, and self-fulfilment instead of dependency upon God.

While God is the author of your faith and strength, the responsibility to employ His resources is yours. Jesus still calls you and I to *"love the Lord your God with all your heart and with all your soul and with all your mind and with all your strength"* (Mark 12:30).

**Believe Christ and His Word** to supply the strength needed to take the next step. That's all you need, strength to take the next step. Pray as Paul did; *"that according to the riches of his glory he may grant you to be strengthened with power through his Spirit in your inner being"* (Ephesians 3:16).

**Make Christ your inspiration**, your motivation, and your determination to walk the life of dependant faith. Choose to centre your total belief on Jesus as your Lord. Choose to desire *"that Christ may dwell in your hearts through faith – that you, being rooted and grounded in love"* would be the person He wants you to be (Ephesians 3:17).

**Invite the Lord to infuse you** with His *"strength to comprehend... what is the breadth and length and height and depth, and to know the love of Christ that surpasses knowledge, that you may be filled with all the fullness of God"* (Ephesians 3:18-19). God uses this filling of known love to accomplish His purpose, for His glory, and His pleasure. It is always Christ centred, selfless, and loving.

### **Christ is your strength**

*"If the Spirit of him who raised Jesus from the dead dwells in you, he who raised Christ Jesus from the dead will also give life to your mortal bodies through his Spirit who dwells in you"* (Romans 8:11). Holy Spirit energised life is resilient,

and strives when fleshly motivation gives up. Despair that weakens can be turned to strength which deepens to become an unmovable resolve when Jesus Christ controls. This happens when God's Word permeates your mind with truth, and His love rules.

I encourage you to exercise faith in Christ who is your strength to overcome.

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